



ANCHOR NEWS

Springfield Lutheran Church, ELCA, Newsletter

September 2016

Post Scripts

I was reading through Proverbs, in preparation for a Sunday sermon recently; here are some real gems:

- "Put away from you crooked speech, and put devious talk from you." Prov. 4:24 (Are you listening, politicians? Apparently not.)
- "Go to the ant, you lazybones ("sluggard" KJV), consider its ways, and be wise." Prov. 6:6
- "Take my instruction instead of silver, and knowledge rather than choice gold, for wisdom is better than jewels, and all that you may desire cannot compare to her." Prov. 8:10-11

...and so on, for 31 chapters. This collection of "how to live" advice from scripture has a long history too deep to cover here in this column. Some are attributed to Solomon, others are anonymous. Some are timeless, and others are time and culture bound for the ancient days and audience they were first written for, and others take some time to figure out. For example:

"Under three things the earth trembles; under four it cannot bear up: a slave when he becomes king, and a fool when glutted with food; an unloved woman when she gets a husband, and a maid when she succeeds her mistress." Prov. 30:21-23

OK!?!

A bit of humility is present, too. It is spoken very clearly, at the start of Prov.30: "Thus says the man, 'I am weary, O God, I am weary, how can I prevail? Surely I am too stupid to be human; I do not have human understanding. I have not learned wisdom, nor have I the knowledge of the holy ones.'" (verses 1-3)

All of this is to emphasize a renewal, on my part, to dig deeper into God's ways. And I invite us all to purposely set aside time in our lives to gather such wisdom that comes from God to us. The scriptures provide that Way. Our Lord Jesus lived, died, and lives to bring us away from our own foolishness and into the better parts of being people who have and practice wisdom. Going back over 70 years of ministry here at Springfield Lutheran I am sure we all can cite both foolishness and wisdom along the way—with wisdom coming out ahead!

As of September 1, I will be starting my fourteenth year with you; please forgive me any foolishness and let's work together to build on the foundation of Wisdom God has provided, is providing, and will provide into the future.

Of course, some simple wisdom from the cowboys goes a long way, too: "Never squat with your spurs on." from the Proverbs of Zane Grey (maybe).

Peace. Pastor Erik

Quote of the Month—

"Being a Christian is less about cautiously avoiding sin than about courageously and actively doing God's will."

Dietrich Bonhoeffer, German pastor, theologian, martyr

In This Issue

- Meet & Greet, p. 2
- 70th Anniversary Moment & Opportunity, p. 3
- Giving Opportunities, p. 4
- President's Corner, p. 5
- CROP Hunger Walk, p. 6
- God's Work, Our Hands, p. 7
- Calendar of Events, p. 8
- Our Church— Our Community—Our World, p. 9
- More God's Work, Our Hands, p.10
- The Narthex Table, p. 10



Hartley Troftgruben & Jacque Page

Meet & Greet Hartley Troftgruben

By Michelle Guillory—This is not just a meet & greet, but a mini-farewell to boot. Read on before you panic...

Hartley's last name is pronounced like it's spelled, with a long U, just in case you wondered. He's a nice guy...a quiet guy...a fun guy.

He was born a Lutheran in Grafton, North Dakota. He's retired and was a Teacher and School Administrator. He liked hunting, fishing, camping, RV-ing, but had to quit in recent years. He was married to Vonnie for 50 years before she passed. He and Vonnie used to research their family history and they connected with their American and Norwegian families. He's organized two family trips to Norway.

He recently met Jacque Page from Vancouver, WA, and they are now engaged to be married. They are in the process of selling his Eugene home and they will be living in Vancouver (technically Ridgefield)...in fact, contact me in the office if you want his new address and phone as I'd rather not post it on the internet. Just so you know, Hartley may be moving away, but he'll be back frequently and as such, it's not like he's moving to Florida or something...so, don't panic, he's not completely gone.

His favorite sports team is the Beavers and he likes coffee. He's not much of a cook, more the Sous Chef. He loves Norwegian food...Lefse, lefse, lefse...that's his favorite.

I've included, for your dining pleasure, a recipe for Norwegian Lefse that I found on allrecipes.com by a gal tagged as DEBBA7 and she got 4.5 stars on it, so hopefully it's a good one. Although, I'm curious...what kind of potatoes do you use? Russet, Gold? She didn't specify and all the comments seemed to be by people who already knew that answer...if you know, please let me know! Thanks!

Oh, and Thank You to Hartley for volunteering this month!

Norwegian Lefse:

10 lbs. potatoes, peeled
1/2 c. butter
1/3 c. heavy cream
1 tbsp. salt
1 tbsp. white sugar
2.5 c. all-purpose flour

1. Cover potatoes with water and cook until tender. Run hot potatoes through a potato ricer. Place into a large bowl. Beat butter, cream, salt, and sugar into the hot riced potatoes. Let cool to room temperature.
2. Stir flour into the potato mixture. Pull off pieces of the dough and form into walnut size balls. Lightly flour a pastry cloth and roll out lefse balls to 1/8 inch thickness.
3. Cook on a hot (400 degree F/200 C) griddle until bubbles form and each side has browned. Place on a damp towel to cool slightly and then cover with damp towel until ready to serve.



LWR Projects

There is a booklet in the office that lists, in detail, all the various projects we can participate in with LWR. You may also choose some to do by yourself. You can also go to www.lwr.org for more ideas and an opportunity for online giving.

Here is a brief list of the standard projects that are always needed:

- School Kits/Backpacks
- Baby Care Kits
- Personal Care Kits
- Fabric Kits
- Mission Quilts
- Fleece Tied Blankets

There are specific requirements for each item, so be sure to either check out the booklet or the website for that list. All items are needed all year round. All items are greatly appreciated by those who receive them.

Thank you for joining with us in contributing to the greater world in need.

www.lwr.org

Lutheran World Relief
700 Light Street
Baltimore, MD 21230

70th Anniversary “Moment”... and Opportunity

By Pastor Erik Post—Meditate and reflect on the scripture passage below while you look at the picture of our main baptism font:

"Or don't you know that all of us who were baptized into Christ Jesus were baptized into his death? We were therefore buried with him through baptism into death in order that, just as Christ was raised from the dead through the glory of the Father, we too may live a new life. For if we have been united with him in a death like his, we will certainly also be united with him in a resurrection like his..." (Romans 6:3-5, NIV)

As you can see by the picture and scripture passage above, we have a well-used part of our "worship furniture" being considered for attention with regard to our 70th anniversary this year! We are following through with a suggested enhancement of our current font and bowl presentation with commissioning an artist/glass blower to *add to*—NOT replace—the pictured bowl below, tastefully and worshipfully honoring the grace presented in the past years, and providing that continuity into the years ahead.

We Lutherans make a big deal about Baptism, as did the Apostle Paul and Martin Luther. Fonts have always been a prominent focal point within most Lutheran churches for centuries. At times they have been placed near the entrance/narthex of sanctuaries as a way to be reminded that baptismal grace given when we enter and leave for worship. (For that purpose, we currently have a ceramic "remember" bowl, with a processional cross and the Romans 6 passage in our narthex).

"Stay tuned" for progress in this way to have a lasting recognition of our anniversary, and as a way to look foundationally into the future God is leading into!





Giving Opportunities

By Michelle Guillory—Stewardship season is coming up. As such, I will be putting in some related material that was not created by me...oh, there'll be an introduction and a closing paragraph or two tying it all together, but the bulk will be edited from someone else's work.

I aim to give credit where due. This was Pastor Erik's idea and he found the book I'm using for these articles. Our Giving Opportunities article comes from Mark Allen Powell: [Giving to God: The Bible's Good News about Living a Generous Life](#). He is a Bible scholar and theologian...and a Lutheran! The following excerpt is from pages 6 and 7:

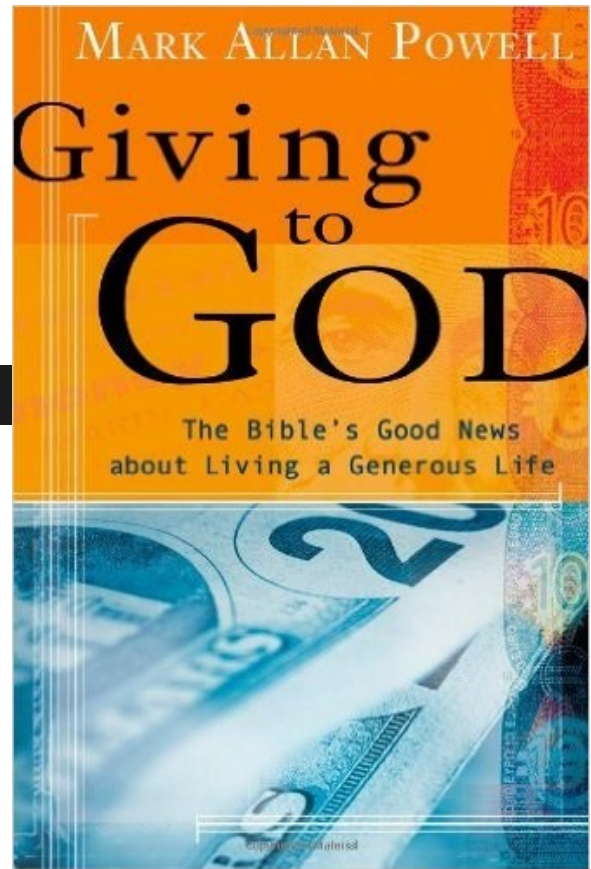
..."This section of the book is divided into three chapters, devoted to various aspects of what stewardship can be:

First, faithful stewardship involves giving to God as an *act of worship*. We give out of glad and generous hearts as an expression of love and devotion to the God who is so good to us. When we do this, we discover the very essence of Christianity: a heartfelt relationship with God in which joy and thanksgiving replace self-interest or guilt.

Second, faithful stewardship involves giving to God as an *expression of our faith*. We confess that all we are and everything we have belongs to God and we put this faith into action when we offer ourselves and our possessions to God to be used as God sees fit. When we do this we discover the practical value of our faith: the God who creates, redeems, and sustains us is ready and willing to rule our lives and provide us with everything we need to be content.

Third, faithful stewardship involves giving to God as a *discipline for spiritual growth*. We practice a degree of renunciation and self-denial in recognition of the spiritual principle that "where our treasure is, there your heart will be also" (Matthew 6:21). When we do this we discover that such giving becomes a bond that brings us closer to God and helps us to become the sort of people we most want to be."

That's all for this month. I think we've given you plenty to ponder. The book can be found in a variety of places and Pastor Erik recommends it.



Camp Lutherwood Event:

Saturday, **October 1**, from 3-7 pm, is the 3rd Annual Harvest Fest out at camp. Join as they celebrate an amazing summer season and look forward to 2017.

Enjoy a farm-to-table meal (at 5 pm), live and silent auctions, live music and more festive seasonal fun in support of camp.

Tickets are limited, so order yours soon. They are \$50 each.

Contact the camp for more information. The web site is www.lutherwoodoregon.org and their phone is 541.998.6444.

Your Council Members for 2016:

President:
Linda Loomis

Vice President/
Stewardship:
Open

Secretary:
Rita Grimes

Treasurer:
Gail Rogers

Budget:
Bill Maack

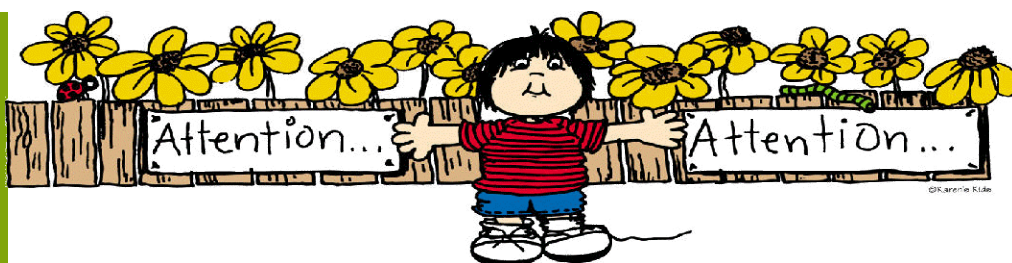
Financial Secretary
Liz Hurley

Property/Maintenance:
Ray Miller

Worship Committee:
Open

Hospitality:
Alicia Fisher

Social Concerns/
Outreach:
Susan Squire



President's Corner

Your church council met at Coburg Pizza on August 21. Pastor gave devotions. The minutes of the last meeting were not read as our secretary was not there due to family matters. Liz Hurley took minutes for us.

President reported that LCC has informed us that they will not be using our Church this coming school year, due to LCC budget problems. The carpet in the Sanctuary will be cleaned on August 31.

Financial Secretary, Liz Hurley, reported that we are still looking for more Sunday counters. We need one person for the fifth Sunday of each month that has five Sundays (10/30/2016, 01/29, 04/30, 07/30, 10/29, and 12/31/2017) and then two substitutes that would be available should one of the regular counters not be in attendance.

Treasurer, Gail Rogers, reports that everything is paid up thanks to the congregation giving so consistently in the first half of the year. However, we were short in June, July, and August. She will keep us up to date.

Pastor reported that we will be hiring one or two musicians for our Sunday services. He noted that we are very blessed to have the young talent we do from the U of O. September will have a different musician each week.

Property/ Management reported that he is taking care of getting new lighting for outside our Church. Windows in the hallway need to be replaced and an architect has been contacted.

Worship- We are in need of Readers, Communion Assistants and greeters. There are signup sheets in the Narthex on the bulletin board.

Hospitality reported that they are planning to celebrate Pastor Erik's 30th ordination anniversary. They are also in the process of planning for our church's 70th anniversary celebration on Sunday, October 30. More information is coming on both items.

New business- we keep having people park their cars in the side alley behind our church. We need to talk to the city. We also need to put up signs for no overnight parking.

We are seeking people to be nominated for positions on council for 2017. Our open positions are Vice President/Stewardship and Worship Committee. Please contact the office if you are interested or know of someone who is willing.

Have a great month!

Linda Loomis
President
541-746-0869

CROP HUNGER WALK

ENDING HUNGER ONE STEP AT A TIME

What is the CROP Hunger Walk?

By Michelle Guillory—Every year in October, there is an event that happens across America and likely around the world. Most of my data for this article comes directly from www.crophungerwalk.org/eugeneor/.

I first heard of the CROPWalk in NYC and we met on the Upper East Side and walked down the east side of Central Park. It was my church and several others...and a fair few people who had heard of it, but were unaffiliated with a church, but thought it was a great idea. I've done it every year since, except the year my sister got married. Apparently it's officially called the CROP Hunger Walk.

795 million people around the world do not have enough food to lead an active healthy life. CROP Hunger Walks are community-wide events sponsored by Church World Service (CWS) and organized by local congregations or groups to raise funds to end hunger at home and around the world.

For nearly half a century, CROP Hunger Walks have ensured that more people worldwide have access to nutritious, sustainable food sources. From combating droughts in Nicaragua to providing agricultural training in Indonesia to stocking shelves in hundreds of food pantries across the United States, CROP Hunger Walks help end hunger by raising funds to support local food programs and the international anti-hunger work of CWS.

CROP Hunger Walks help to support the overall ministry of CWS, especially grass-roots, hunger-fighting development efforts around the world. *In addition, each local CROP Hunger Walk can choose to return up to 25 percent of the funds it raises to hunger-fighting programs in its own community. Our local walk chose Food for Lane County.*

CROP Hunger Walks help to provide food and water, as well as resources that empower people to meet their own needs. From seeds and tools, to wells and water systems, to technical training and micro-enterprise loans, the key is people working together to identify their own development priorities, their strengths and their needs something CWS has learned through some 70 years of working in partnership around the world.

With its inception in 1969, CROP Hunger Walks are "viewed by many as the granddaddy of charity walks," notes the [Los Angeles Times](#) (Oct. 26, 2009).

Here in Lane County, the event is held on or near the first Sunday in October each year (October 2, this year). It is held at Alton Baker Park and registration begins at 1:00 and the walk at 2:00. There are pre-walk festivities and trained, leashed dogs are welcome...as are strollers and kids and grandparents and I think you get the idea. All are welcome to help us end hunger.

If you're not up for walking on a warm sunny October afternoon, you can contribute in other ways. Pray for walkers and organizers. Donate money either on the website or by giving it to a known walker. Make checks out to: CROP Hunger Walk.

SLC Quilting Schedule:

We have two groups here at SLC. SLCW LWR Quilters and the Springfield Lutheran Sewing Sisters (SLSS).

The SLCW LWR Quilters meet Tuesdays, from 9:00 to 10:30 am. We follow the LWR guidelines and make quilts for those in areas of crisis throughout the world. Miriam Jones & Carol McAllister are your contacts for the LWR Quilters.

The SLSS is changing their days. Effective Monday after Labor Day, they will be meeting all Mondays from 9:00 to 11:00 am. Michelle Marroquin and Miriam Jones are your contacts for the SLSS.

Come, join one group or both! Help those in need and learn new quilting techniques along the way.



**Suggested Food
Pantry Items to
Donate:**

Fats, Oils, Sweets

- Jelly & Jam
- Honey & Sugar & Syrup
- Mayonnaise
- Vegetable Oil
- Salad Dressing

Milk Yogurt, Cheese

- Infant Formula
- Powdered Milk
- Instant Breakfast Drinks
- Canned & Boxed Pudding

**Meat, Poultry, Fish, Dry
Beans, Nuts**

- Canned Tuna & Chicken
- Canned Beef Stew & Bean
Soups & Chilis
- Canned or Dried Beans
- Baked Beans
- Canned Nuts

Vegetables

- Canned Vegetables & Toma-
to Products
- Vegetable Soup
- Spaghetti Sauce
- Baby Food Vegetables
- V-8 Juice

Fruits

- Canned Fruit
- Raisins & Dried Fruits
- Applesauce
- Baby Food Fruit
- Fruit Leather (100% Fruit)

Bread, Cereal, Rice, Pasta

- Rice & Rice Mixes
- Canned Pastas
- Noodle Mixes
- Dry Noodles & Pastas
- Macaroni & Cheese Mix
- Cold Cereals
- Bran Cereal & Shredded
Wheat
- Infant Cereal
- Hot Cereal Mixes & Oatmeal
- Bread & Muffin Mixes
- Pancake Mix
- Granola Bars & Graham
Crackers
- Flour

God's Work, Our Hands



Free...Yes! Free!!!

Saturday, September 10, 9-11am

Springfield Lutheran Church

1542 I Street

Springfield

Really! It is totally free!! The only cost is your appetite!
Please join us for pancakes, eggs, sausage, coffee, juice,
and milk. We'd love to meet you!

Every Week

Sun	Mon	Tue	Wed	Thu	Fri	Sat
8:30 am Worship with Communion 9:30 am Fellowship 10:00 am Worship with Communion	Office Closed 12 noon AA	9:00 LWR Quilting 9:00 Tai Chi 12 noon AA 5:30 NA	9:00 SLSS Quilting 9:30 HS Cooking 12 noon AA 12:30 Nar Anon 2:00 Sr. Mat Yoga 3:30 Sr. Chair Yoga 5:30 AA	9:30 HS Cooking 12 noon AA	12 noon AA 12:30 Nar-Anon	12:30 AA

SEPTEMBER 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4 Pentecost 16	5	6	7 First Day of School	8	9	10 9-11 Free Community Breakfast
11 Pentecost 17	12 1:00 Women's Circle @ D. Vetter-Akins'	13	14	15 1:30 Fringe Benefits @ Ricksons'	16	17
18 Pentecost 18 11:05 Council	19	20	21	22	23	24
25 Pentecost 19	26 6:30 pm Bible Study	27 1:15 Wise Guys @ Hole in the Wall BBQ	28	29 7:00 MCCB @ TBD	30	

Bulletin Board

In the main hall by the church office, is a bulletin board that is for everyone. It's been titled Our Church—Our Community—Our World.

It is for news and events happening around our church, around Springfield, around Lane County, and around Oregon, and around the US, and around the World.

Not everything is applicable, but most things are. The grandson doing well in sports (our church), another church bazaar (our community), various volunteer opportunities (our community/our world), the latest newsletters from a variety of organizations (our community/our world).

Our goal is to share happenings, not to indoctrinate or recruit for something that is unrelated to the church. The big 'no' is secular politics and activism. There can be news of a meeting, but no views or opinions. We understand that politics and activism impact our church, our community, and our world; but this board is too small a forum for such a task.

Should you like something to go up, contact the church office and we will put it up if applicable.



Our Church—Our Community —Our World—

- **Free Community Breakfast**—Saturday, September 10. The meal is served from 9:00 to 11:00 am. All are welcome. Volunteers, please sign up on the Narthex Table. Contact Susan Squire with questions.
- **Autumn Schedule Alert**—First Service (8:30 am) returns Sunday, **September 11**. Monday Bible Study returns Monday, **September 26**. Mid-week Worship returns Wednesday, **October 5**.
- **Women's Circle**—The next regular Women's Circle meeting will be Monday, **September 12**, at Dorothy Vetter-Akins' home. The women meet at 1:00 pm.
- **Fringe Benefits Returns**—The Ricksons' will be hosting on Thursday, **September 15** at 1:30 pm.
- **Council**—meets Sunday, **September 18**, after church.
- **The Wise Guys** are scheduled for Tuesday, **September 27** over at the Hole in the Wall BBQ joint at 1:15 pm
- **The MCCB's** meeting on **September 29** at 7 pm. Speak to Pastor Erik about the location.
- **Pet Sunday**—Our annual Blessing of the Pets will be on Sunday, **October 2**. Please remember that well-behaved, leashed pets are welcome.
- **The CROP Walk** is back. The 2016 Eugene-Springfield CROP Walk will be held on Sunday, **October 2**, at Alton Baker Park. Registration begins at 1:00 and the walk at 2:00 pm. If you want to join Michelle G. and the dogs for a fun afternoon, come on down. If you would like to just donate money to the fundraiser, you can either give checks to Michelle G. or go online to the website: <https://www.crophungerwalk.org/eugeneor/>
- **Quilt Sunday**—**October 23** will be our semi-annual Quilt Sunday showcasing the hard work our quilters have put in for LWR. Their fall ingathering is October 28 and 29.
- **70th Anniversary Celebration Dinner**—This coming Reformation Sunday is the day we have chosen to gather to remember all 70 years we've been active as a congregation. There will be details yet to come. Mark **October 30** on your calendars and plan to be here.
- **Book Group**—The next meeting will be held at the Heritage restaurant and will be on **Tuesday, October 11** at 11:30 am. The book is Sister of Heart and Snow by Margaret Dilloway. Darlene Wood is your contact for this group.
- **Newsletters**—Don't forget to check our bulletin board for a wide variety of newsletters with more information than our little newsletter can handle and still stay little.

God's work.
Our hands.



Evangelical Lutheran Church in America
God's work. Our hands.

Specifically related to SLC, we are working with Our Redeemer's food pantry and they will be helping out with our free pancake breakfast on Saturday, September 10. This is part of a national effort by the ELCA to provide visible community help by Lutherans September 10-11.



Contact Us

If you need the church, the Pastor, the Secretary, prayer, comfort, or guidance; please contact us at:

**Springfield Lutheran Church,
ELCA**
1542 I Street
Springfield, OR 97477
(541) 746-2403

Office Hours: Closed Mondays & National Holidays.
Open Tuesday-Friday, from
10:00am to 1:00pm.

SLCAncor@gmail.com

Visit us on the web at
www.springfieldlutheran.org

The Narthex Table

By Michelle Guillory—For September, here's the current list of what's on the Narthex Table:

- **Grocery List**—What? Well, it's a list of **items that are good for Food Pantries**. Non-perishable items that are healthy and keep well and are good movers at Food for Lane County and the various pantries that it serves. Take one if you feel you need ideas.
- **Shopping List**—Another one? This one's different. It's **for the LWR School Kits**. Snag a copy and bring the items to the wicker basket next to the table.
- **Christ In Our Homes**—These are quarterly devotionals that cost \$5 for an annual subscription. The money goes to the SLCW who pays the bill.
- This **newsletter** (including the monthly calendar) can be found there, as well. We provide it for folks who do not have internet access or those want a quick read while waiting. If you have access to the internet, please leave the paper copies for those who don't. Thank you.
- On the easel near the entry to the Narthex, you'll find **signup sheets** for bringing flowers on Sundays and for reading the Scriptures during the services...you can pick which service to read during. This bulletin board also has the selected readings so those who choose to read may have time to practice.

Periodically check there to see if there's something new with your name on it in the basket on the table with the alphabetical tabs...it won't necessarily be another giving statement, but perhaps something that needed to be passed on to you. Thank you.